

Negotiation, Equality and Transparency

Charleston WIM

Ryan Olsen, CEO and Founder Alfred MD & CEO Palomar Health Medical Group July 12, 2024

ryan@alfredMD.com

714-296-5377

Day Job

















Our Company



- Idea created at High School Reunion with Satish Subramanian, MD and Olivia Gifford, JD
- Laura Findeiss, MD joined in 2020 (now works at CMS)
- Privately held and funded
- Clients are 68% female and 84% residents and fellows (n = 217)







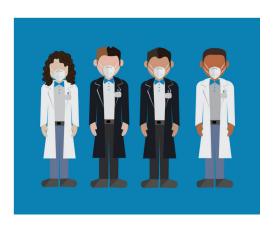
Mission



- At the highest value provide transparency and equity for physicians in their career journey
- Physicians are our super heroes; we are their Alfred
- Focused on residents and fellows
- Kept prices low as side job / service (\$350)
- · We are what Alfred is to Batman





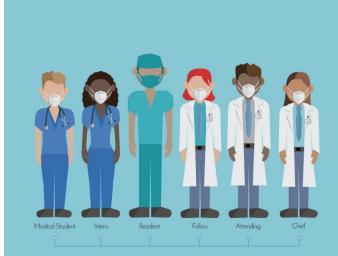


Physicians



- Lack Transparency
- Equity

Negotiations are often not seen in partnership, but as commodities



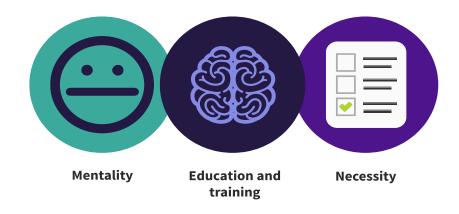
Female Physicians



- Made \$0.72 to Male \$1.00 (AAMC, 2021)
- Average loss of \$2 million over a 40-year career (Health Affairs, 2022)
- Average difference when adjusted for specialty, location, years of experience, etc. was \$110,000 annually.



our physician empowerment problem





Physician Common Pitfalls



"I am not good at business."



"Money doesn't really matter to me. I went into medicine to help people."



"I'm just happy to be making much more than I make in residency."



"I can ask for that? I feel bad and don't want to be greedy."

The Iterative Process



- 1. apply
- 2. interview
- 3. receive offer
- 4. contract
- 5. sign

- 1. apply
- 2. practice interview
- 3. interview
- 4. receive offer
- 5. contract
- 6. review offer with trusted source
- 7. negotiate
- 8. review counter offer
- 9. review counter offer with trusted source
- 10. negotiate (if needed)
- 11. review counter offer with trusted source
- 12. negotiate (if needed)
- 13. review counter offer with trusted source
- 14. sign

The RVU



wRVU + peRVU + mpRVU x GPCI x MCF = MD payment

Key Considerations



- base salary
- RVU models
- bonuses and incentives
- path to Partnership
- equity
- mutual no cause terminations (days)
- malpractice coverage
- vacation
- leadership positions
- tax considerations
- call

Equilateral Data



MGMA NATIONAL	P75	P75	
MGMA NATIONAL	Comp	wRVU	
Cardiology	577,964	9,371	
Dermatology	585,701	9,192	
Emergency Medicine	403,206	8,618	
General Surgery	513,594	8,697	
Gl	702,683	10,220	
Internal Medicine	307,329	5980	
Pathology (A&C)	434,000	7,531	
PM&R	363,656	6,398	
Neuroradiology	610,500	14,390	
Neurology	378,394	6,407	
Thoracic Surgery	738,974	9,565	

AMA Guidance (2024)

- Understand Obligations
- Be exacting on compensation
- Know your value
- Always get terms in writing
- Consult an expert

The Agent Concept



- Agents
- consultants, attorneys, friends, chiefs
 - Detachment
 - Tactical flexibility
 - Expertise
 - Confidence

Jeffrey Z Rubin and Frank Sander. When Should we use Agents: Direct vs Representative Negotiation. Negotiation journal October 1988

The Basics



- How badly do you want this job?
- The Best Alternative to a Negotiated Agreement (BATNA)
- Listen
- Weight your opportunity (scoring system)

ZOPAs



- Zones of Possible Agreement
- Look for overlaps of win / wins
- Creative ideas

Distributive Negotiation Theory & the **BATNA**



	Weight	Aspirational	Ta	rget	Minimum	_
Salary	50%	\$400,000			\$275000	В
Benefits	20%	100%			50%	A
Vacation	10%	200 hours			160 hours	Т
Equity	10%	Year 2 at 7%			Year 4 at 5%	N
Path to Partnership	10%	Year 2			Year 3	A

Specificity





SALE: \$2000

FINAL: \$1750



SALE:\$1980

SALE: \$2010

FINAL: \$1850

FINAL: \$1860

The Mythical Fixed Pie (Bozerman, 2003)



- 1. Build trust and share information.
- 2. Ask questions.
- 3. Give away a bit more information.
- 4. Make multiple offers simultaneously

The Thomas-Kilmann Model of Styles



- 1. Competing. People with a competing conflict style view <u>interpersonal conflict resolution</u> as win-lose games. Rather than recognizing the value of ensuring that each party walks away satisfied, disputants focus narrowly on claiming as much as they can for themselves.
- 2. Avoiding. People with an avoidant conflict style prefer to skirt around conflict because it can be so uncomfortable. Although this can be an effective short-term coping strategy, it can allow problems to grow worse.
- 3. Accommodating. Negotiators who adopt an accommodating conflict style tend to put others' needs and demands first. This can make those with an accommodating conflict style seem agreeable and easygoing, but ignoring their own needs can make these negotiators resentful over time.
- **4. Compromising.** People with a compromising conflict style often try to resolve conflict by proposing seemingly equal compromises, such as meeting in the middle between two extreme positions or making a significant compromise just to move forward. Although a compromising conflict style can move a conversation forward, the solution may not address root issues, making this style unstable over time.
- **5. Collaborating.** Those with a collaborating conflict style aim to understand the deeper needs behind their counterparts' demands and to express their own needs. They see value in working through strong emotions and propose tradeoffs across issues that will give each side more of what they want.

Excerpt From: G. Richard Shell. "Bargaining for Advantage", 2019

Current Issues in Physician Contracts



- Non-competes generally non applicable by FTC for for profits and some non-profits
 - Some states can still enforce based on economics provided (eg Signing bonus) for a reasonable period

Primary Care & Specialty



- Primary care more aligned with risk, panels, HEDIS, etc
- Private Equity and equity + liquidity
- Is there a best specialty model (bonus + wRVU bonus etc)?